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ABSTRACT

The case for sexual abstinence is offered in everyday language with a great deal of practical information in an easily read format. Quotations from teens who have dealt with the problem are included on every issue. Chapter topics are: (1) "Love and Sex"; (2) "How Sex Can Ruin Your Relationship"; (3) "Are Males and Females on the Same Sexual 'Wavelength'?"; (4) "'It Wasn't at All What I Expected'"; (5) "Pregnancy--It Could Happen to You"; (6) "Listen Up, Guys! Eighteen Years of Child Support Is a Long Time!"; (7) "Difficult Choices: Options for the Pregnant Teen and Her Partner"; (8) "Is Everybody Doing It? Peer Pressure and Self-Esteem"; (9) "What's the Double Standard?"; (10) "Sexual Liberation: Was It Really Liberating?"; (11) "Your Personal Policy on Sex"; (12) "Why Choose Abstinence?"; (13) "There Are Many Other Ways To 'Make Love'"; (14) "How To Say No"; (15) "Date Rape"; (16) "Sexually Transmitted Diseases: One False Move and You're Infected"; (17) "AIDS: Sex in the Age of Death"; and (18) "If You're Smart..." (EMK)

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